



Let's kick off a year of action for mental health! Today is Bell Let's Talk Day.

Together, the students at Nantyr Shores can help create real change in our school and community. Because when it comes to mental health, we have developed tools at Nantyr to support ourselves and each other.

Today during lunch time, please join the student-led wellness team for a game of Kahoot in the cafeteria! You will have a chance to test your knowledge of mental health and wellness and get an opportunity to learn more. Get your competitive hats on, because there are prizes to be won, gift cards, t-shirts, and candy!!

Remember that if you need someone to talk to our teachers, counsellors, and principals are here to listen. Together, we can create real change!

<u>A reminder that Nantyr Shores</u> Is a scent free environment. Please consider the people in the building who have sensitivities and/or allergies to scents. Choose to wear scent free alternatives when possible.

<u>The deadline for applications</u> for the Student Trustee Election will be January 24th by end of day. If you are interested in becoming a Student Trustee, please submit your application to Mr. Martin in the main office by 2:30 today.

<u>Wrestling team members</u> come to Hendersons room 132 at 9:45 today so we can leave for Barrie North.

<u>Congratulations to the boys hockey team</u> for clinching first place in the regular season with a 5-2 win over Banting. The team played the perfect game starting with outstanding goaltending from Cole Charlebois. On defence Carter Pike stepped up with a timely goal on defence and Gage Scharb led all forwards with two beautiful goals!!

<u>Attention Book Club</u>: Please read your books over the next couple of weeks and we will meet Thursday February 8th at lunch in the library to discuss our books.

If any students are interested in going to Europe next March Break (2025). We will tour the Netherlands (Amsterdam), Belgium and France including Paris. There will be a Parent's Meeting on the Thursday, March 25th at 6:30 pm in the library. If you have any questions, please see Mr. Froese in room 317.